



# *multicultural* HOME *respite*

September 2003



## Vice-Regal Patron

The Governor of New South Wales, has granted Vice Regal Patronage to the Multicultural Home Respite Inc.

### *About The Governor: Professor Marie Bashir AC*

Professor Bashir, the first woman to be appointed Governor of New South Wales, took up her office on 1 March 2001.

Born of Lebanese descent, in Narrandera in the Riverina district of New South Wales, and educated at Narrandera Public School and Sydney Girls' High School, Marie Bashir gained her Bachelor Degrees in Medicine and Surgery in 1956 from the University of Sydney.

Dr Bashir taught at the University of Sydney and the University of New South Wales, increasingly working with children's services psychiatry and mental health services, and the indigenous health programs. At the time of her appointment as Governor of New South Wales, she was Clinical Professor of Psychiatry at the University of Sydney (a post she took up in 1993); Area Director of Mental Health Services Central Sydney (from 1994); and Senior Consultant to the Aboriginal Medical Service, Redfern (from 1996) and to the Aboriginal Medical Service, Kempsey.

Professor Bashir's widespread involvements and interests have included juvenile justice, research on adolescent depression, health issues in developing countries, education for health professionals and telemedicine



and new technologies for health service delivery. Along with many professional medical association roles, she was, at the time of her appointment as Governor, a member of societies as diverse as Amnesty International, the National Trust, the NSW Camellia Research Society and the Tandanya National Aboriginal Cultural Centre, as well as being Patron of the Sydney Symphony and Opera Australia. She was appointed an officer of the Order of Australia in 1988 for her services to child and adolescent health and was appointed in 2001 as a Companion in the Order of Australia. In addition to her distinguished career, Dr Bashir was named Mother of the Year in 1971. She and her husband, Sir Nicholas Shehadie AC OBE, have three children and six grandchildren. She was Lady Mayoress when Sir Nicholas was Lord Mayor of Sydney from 1971 to 1973.



The Consumers Handbook is available in: Croatian, English, Greek, Italian, Lebanese, Macedonian, Portuguese, Polish, Russian, Serbian, Tagalog, and Vietnamese. The Consumers Handbook provides comprehensive information for clients on their rights, responsibilities of the service provider, and guidelines on advocacy issues.

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Donations of \$2 or more  
are tax-deductible

Patron: Her Excellency Professor Marie Bashir AC  
Governor of New South Wales



**Support Groups**

**For Carers**

We have 2 Carers Groups. One for people who speaks only Vietnamese and the other for people who speaks only Portuguese. These groups are made up of people caring for a relative or a friend with a disability. The participants of the groups are unable to communicate in English. There is a facilitator for each group who speaks the language of the participants.

**Ojos Latinos**

Is a support group for Spanish speaking, visually impaired people and their carers. The facilitator for this group speaks Spanish.

**Companheiros D'Alegria**

Is a social group for Portuguese speaking people. This group is made of a large number of people who meet on a weekly basis. Some of their activities include, outings, celebrations and weekly meetings.



**Trained & Qualified**

The following Home Visiting staff have received their First Aid Certificate: Joyce, Larisa, Rima, Margo, Angela, Lang, Willa, Maria A, Maria D, and Antonella. Earlier this year, the staff finished a very comprehensive course in dementia care. The course conveyed a greater understanding of the behaviour of people with dementia, the impact of dementia on carers and families, and effective communication, appropriate activities, care for carers, and much more.

Congratulations to those who completed assignments and obtained a recognised certificate in dementia care awarded by the Alzheimer's Association:- Mandy, Maria A, Rosa, Fernanda, Maria D, Teresa, Rima, Margo, Angela, Larisa, Sheryleen, Willa, Joyce, Lang, Maria S, Eugenia, and Virginia.

**Committee**

In 2002 the following members were appointed the Management Committee for 2002-2003: Grace Lee (President), Ilidio da Silva (Vice-president), Ross Daddo (Treasurer), Susan Ross (Secretary), Nataka Burke, Sandra Cosgrove, and Cora Inigo.



**About MHR**

**Our Birthday**

Multicultural Home Respite Inc. (MHRI) is celebrating 5 years of incorporation, while Home Visiting and Dementia Support Service (HV&DSS) is in its' 15<sup>th</sup> year of operation.

The service covers the Marrickville Local Government Area. With a team of 21 bilingual workers, the project delivers language specific services to a large number of very needy people in the Inner West area.

HV&DSS is unique - providing services to people in their own home in their own language.

Visitors are currently providing services to clients and their carers in the following language groups: Croatian, English, Greek, Italian, Lebanese, Macedonian, Portuguese, Polish, Russian, Serbian, Tagalog, and Vietnamese.



**Contact MHR**

Applications for membership of the Association are available from the office. If you are interested in assisting the work of the Association on a voluntary basis then please phone Virginia on 9550 4637.



**Links**

Check out the web-site:  
[www.multiculturalrespite.asn.au](http://www.multiculturalrespite.asn.au)

**MULTICULTURAL HOME RESPITE INC.**

ABN 47 574 836 473  
Public Benevolent Institution  
Deductible Gift Recipient Charity

Marrickville Home Visiting & Dementia Support Service

Donations of \$2 or more are tax deductible

YES, I can help provide multicultural welfare services. I enclose my cheque donation of \$

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